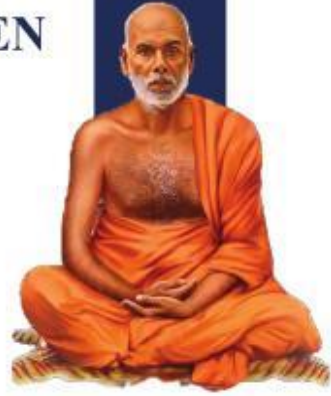




**SREE NARAYANA COLLEGE FOR WOMEN**  
KOLLAM, KERALA- 691 001



**5.1.4 Guidance for competitive Examination  
KAS Mentor -PS Club Activity Report**



## KAS MENTOR -PUBLIC SERVICE CLUB

KAS Mentor, in association with SN College for women has constituted a public service club for government job aspirants. The service is offered for post-graduate or final-year graduate students from any stream with Zero for 1 Academic year. Classes for the same are scheduled for Once a week, either Saturday or Sunday from 5 PM with 2 hr duration. More than 85 students from different streams have enrolled for this.

Mode of Delivery : Microsoft Team App.



**WhatsApp Community of our Students registered with KAS Mentor**

## Programme Schedule



**PUBLIC  
SERVICE  
CLUB**

# Schedule

Date	Subject	Faculty	Topic	Time
06-11-2022	Orientation	Arun Krishnan	Many Exams, One Solution	5-7 PM
13-11-2022	Indian Polity	Mathew T Thomas	Indian polity in a nutshell	5-7 PM
20-11-2022	Indian Economy	Nandu S Gopan	Indian economy at a glance	5-7 PM
27-11-2022	Quantitative Aptitude	Sanju Raj	Number Series	5-7 PM
04-12-2022	English	Athira Chandran	Vocabulary	5-7 PM
11-12-2022	Indian History	Anudeep N M	Modern India	5-7 PM
18-12-2022	Session By Eminent Personality*			5-7 PM
08-01-2023	Geography	Rino Raju	Oceanography	5-7 PM
15-01-2023	Indian Polity	Mathew T Thomas	Polity through exams	5-7 PM
22-01-2023	Indian Economy	Nandu S Gopan	Economic policies of India	5-7 PM
29-01-2023	Quantitative Aptitude	Sanju Raj	Avarege & Ratio	5-7 PM
05-02-2023	English	Athira Chandran	Grammar	5-7 PM
12-02-2023	Indian History	Anudeep N M	National Movement	5-7 PM
19-02-2023	Session By Eminent Personality*			5-7 PM
26-02-2023	Geography	Rino Raju	Climatology	5-7 PM
05-03-2023	Indian Economy	Nandu S Gopan	Economic outlook of India	5-7 PM
12-03-2023	Indian History	Anudeep N M	Gandhian phase in History	5-7 PM
19-03-2023	Indian Constitution	Mathew T Thomas	Fundamental Rights	5-7 PM
26-03-2023	Geography	Rino Raju	Indian Physiography	5-7 PM

\*The dates shall vary based on their availability



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## Programme Notice

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**9400 743 262**  
(College Coordinator)



**9037 995 583**  
(KAS Mentor Coordinator)

**Sree Narayana College**  
For Women  
Karbala, Kollam, Kerala -691001  
(affiliated to University Of Kerala)

2nd Floor, R&K Complex, Pipeline Rd.,  
Opposite Kowdiar Palace, Kowdiar, Thiruvananthapuram

 [www.kasmentor.com](http://www.kasmentor.com)

## **Activities 2023-24**

### **10/12/2023 - History session by Mr. Mathew (Educator, K.A.S. Mentor)**

On December 10, 2023, Mr. Mathew, an esteemed educator and mentor affiliated with K.A.S. Mentor, conducted an insightful history session focusing on the Indian freedom struggle. Throughout the session, Mr. Mathew delved into the significant events, movements, and personalities that shaped India's path to independence. He provided a comprehensive overview of key milestones such as the partition of Bengal, the Non-Cooperation Movement, the Salt Satyagraha, and the Quit India Movement. Additionally, Mr. Mathew explored the contributions of prominent leaders like Mahatma Gandhi, Jawaharlal Nehru, and Subhas Chandra Bose, highlighting their ideologies and strategies in the fight against colonial rule. Through engaging discussions and multimedia presentations, Mr. Mathew captivated the audience's attention and fostered a deeper understanding of this pivotal

period in Indian history. Attendees left the session with enriched knowledge and a heightened appreciation for the sacrifices made by freedom fighters in India's quest for independence.

### **23/12/2023 - History Session by Mr. Mathew (Educator, K.A.S. Mentor)**

On December 23, 2023, Mr. Mathew, a dedicated educator and mentor affiliated with K.A.S. Mentor, led an engaging history session that delved into the fascinating Renaissance movement in India. With enthusiasm and expertise, Mr. Mathew transported participants back in time, painting a vivid picture of the cultural and intellectual revival that swept across the nation

during this era. He brought to life the stories of visionary leaders like Raja Ram Mohan Roy, Ishwar Chandra Vidyasagar, and Swami Vivekananda, highlighting their tireless efforts to ignite social reform and promote enlightenment. Through captivating narratives and thought-provoking discussions, Mr. Mathew underscored the enduring impact of the Renaissance on Indian society, inspiring attendees to reflect on its legacy of progress and innovation. As the session concluded, participants departed with a newfound appreciation for the rich tapestry of India's history and the transformative power of intellectual curiosity and social change. **Activities in January 2024**

**14/01/2024 - Indian Constitution Session by Mr. Anoop K (SME, K.A.S. Mentor)**

On January 14, 2024, Mr. Anoop K, a mentor with K.A.S. Mentor, led an engaging session that brought the Indian Constitution to life. With warmth and enthusiasm, he delved into the intricacies of the Indian President's role in our country's political landscape, making it relatable and easy to understand for all participants.

**21/01/2024 - English Session by Ms. Athira (Educator, K.A.S. Mentor)**

On January 21, 2024, Ms. Athira, an esteemed educator and mentor with K.A.S. Mentor, conducted an insightful English session that resonated with all participants. With her expertise and passion for teaching, she shed light on the crucial role of English in various competitive exams, captivating the audience's attention from start to finish. Ms. Athira meticulously outlined the types of questions commonly asked in different exams, offering valuable insights into exam patterns and preparation strategies. Through detailed explanations and practical examples, she demystified the daunting task of tackling English language sections in exams, making it approachable for learners of all levels.

One of the key takeaways from the session was Ms. Athira's guidance on how to kickstart English preparation for different exams. She shared practical tips and

effective study techniques, empowering participants to embark on their learning journey with confidence and clarity.

Throughout the session, Ms. Athira's dedication to her students' success was palpable, as she patiently addressed queries and encouraged active participation. By the end of the session, participants left feeling motivated and equipped with the tools they needed to excel in the English section of their respective exams.

Ms. Athira's passion for teaching and her commitment to her students' growth left a lasting impression, inspiring all who attended to approach their English preparation with enthusiasm and determination.

### **28/01/2024 - Mathematics Session by Mr. Vishnu (Educator, K.A.S. Mentor)**

On January 28, 2024, Mr. Vishnu, an esteemed educator and mentor associated with K.A.S. Mentor, conducted an illuminating mathematics session. During the session, Mr. Vishnu covered various aspects crucial for competitive exams. He shed light on the role of mathematics in such exams, emphasizing its significance as a fundamental subject.

Mr. Vishnu provided invaluable insights into tackling mathematics in competitive exams, offering practical strategies and problem-solving techniques. Specifically, he addressed the intricacies of distance and speed problems, a commonly tested area in competitive exams. Throughout the session, Mr. Vishnu engaged participants in interactive discussions, encouraging them to actively participate and ask questions. He shared tips on how to approach distance and speed problems systematically, outlining step-by-step methods to solve such questions efficiently.

Furthermore, Mr. Vishnu elaborated on the importance of mastering fundamental mathematical concepts and provided guidance on how to initiate and sustain effective English preparation for various exams.

By the end of the session, participants expressed their appreciation for Mr. Vishnu's expertise and guidance, acknowledging the session's value in their exam

preparation journey. Mr. Vishnu's dedication to equipping students with the necessary tools and strategies to excel in competitive exams was evident, making the session both enlightening and enriching.

### **Activities in February 2024**

#### **04/02/2024 - Science and Technology session by Mr. Anoop K (SME, K.A.S. Mentor)**

In this session, Mr. Anoop K, an esteemed Subject Matter Expert, enlightened participants about India's moon missions. The session provided comprehensive insights into the historical background, objectives, and achievements of India's lunar exploration endeavors. Attendees gained a deeper understanding of the technological advancements, challenges, and significance of these missions in India's space exploration journey. Mr. Anoop K's expertise and engaging presentation style made the session informative and inspiring for all participants.

#### **11/02/2024 - Economics Session by Mr. Haris Noushad (SME, K.A.S. Mentor)**

In this session, Mr. Haris Noushad delved deeper into the intricacies of money and banking basics. Participants gained insights into advanced concepts such as monetary policy, banking regulations, and the impact of banking on the economy. Mr. Noushad's expertise and engaging presentation style made the session both informative and thought-provoking, providing attendees with valuable knowledge and insights to navigate the complexities of economic systems.

#### **18/02/2024 - Science and Technology session by Mr. Anoop K (SME, K.A.S. Mentor)**

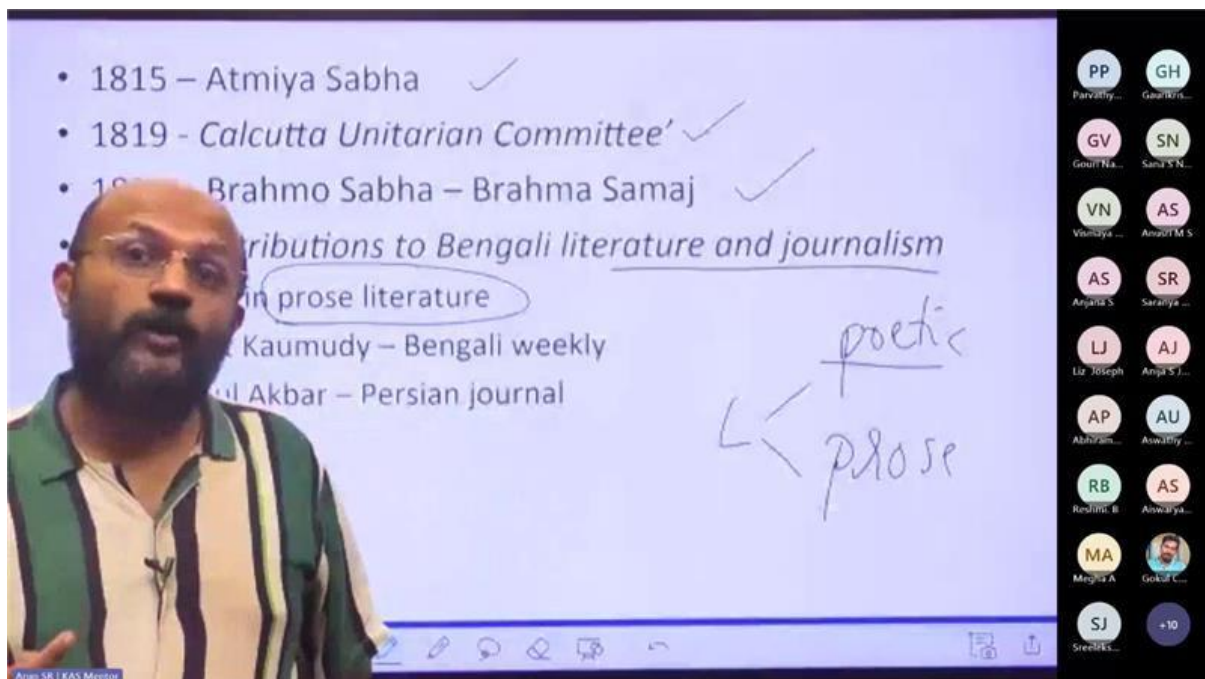
In this session, Mr. Anoop K provided a comprehensive overview of the basics of the solar system. Participants gained insights into the structure of the solar system, including the sun, planets, moons, asteroids, and comets. Mr. Anoop K's expertise and engaging presentation style made the session both informative and engaging, providing attendees with valuable knowledge about our celestial neighbourhood.



As Mr. Anoop K navigated through the constitutional provisions related to the Indian President, he shared insightful anecdotes and real-life examples, helping participants connect theory to practice. His passion for the subject shone through as he explained the significance of the President's powers and responsibilities in the broader context of Indian governance.

One of the highlights of the session was the discussion on the election procedure of the Indian President. Mr. Anoop K broke down the complex electoral process into digestible pieces, ensuring that everyone in the audience could grasp the nuances involved. Through interactive discussions and engaging activities, he encouraged active participation and fostered a collaborative learning environment. By the end of the session, participants walked away not only with a deeper understanding of the Indian Constitution but also with a newfound appreciation for the democratic principles that govern our nation.

### Participants attending the online Session



5:23 PM Sun 19 Nov

Kas October

Haris | Academics

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ConstH	↑	

Haris | Academics

AP Abhiram... AS Angel Saji  
 LJ Liz Joseph NB Nalin...  
 SR Saranya... HV HRIDYA...  
 AS Athira V S SS SNEHA S  
 GH Gauhris... +25

09:18:27

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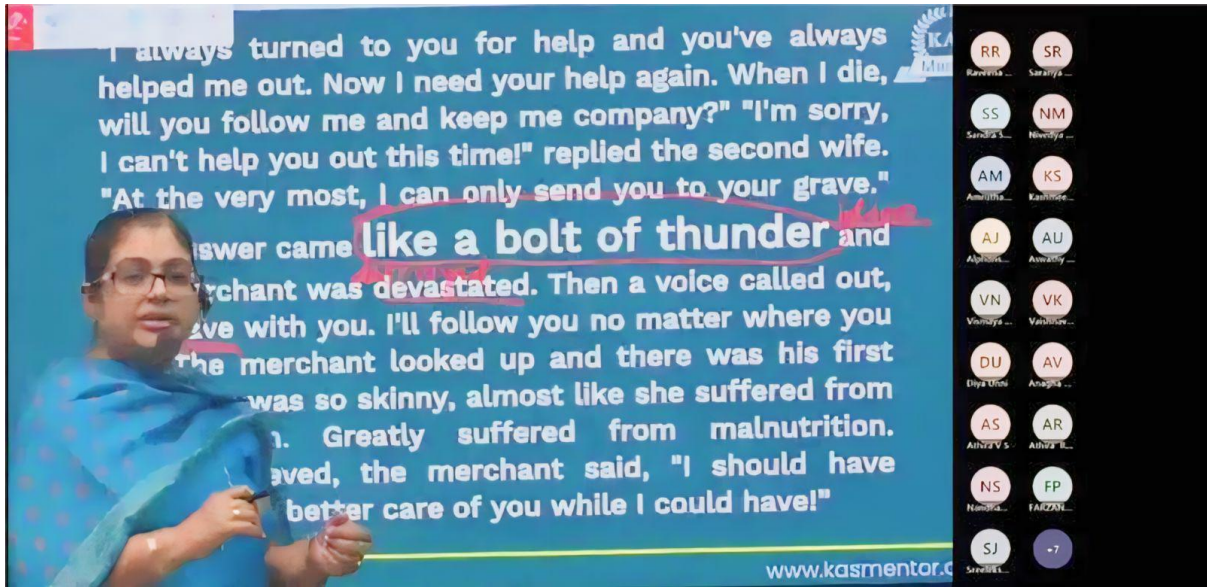
Why MOON?

minerals  
 Solar System - history  
 moon - origin?

closest cosmic body at which space discovery can be attempted and documented  
 Treasure trove of science  
 Test bed  
 Moon as base station  
 Lunar economy

Arun SR | KAS Mentor

KS Kadhane... SR SREELAK...  
 KC Krishnap... TJ Tejod...  
 NM Nivedya... SR Saranya...  
 AS Anjali S DD Durga d...  
 SJ Sreelaks... AP Aparna P...  
 SD S Divya... AR Athira R...  
 KK Kaveer K... AM Anuradha...  
 AS Athira V S SS Samritha S...  
 NS Nandika... +9



### List of Participants

SI NO	Name	Department
1	Ganapriya S R	BCom
2	Shihana. s	BCom
3	Surya M sunil	BCom
4	Darsana.m	BA
5	Abhirami C	B.Sc
6	Ashwany S	B.Sc
7	JISHA KURIAN	B.Sc
8	Devika J R	B.Sc
9	Sneha Santhosh	BCom
10	Navamilal	BSc
11	Sreelekshmi S Nair	BCom
12	Aaliya Afthabali	BCom
13	Hanana Jamal R	BCom
14	Amritha.V.S	BSc
15	Midhuna Varghese	BCom
16	Praveena p	BCom
17	Megha j nair	BSc
18	Parvathy G S	BCom
19	Geethu Gopan	BCom
20	Harina B	BCom
21	Alfia N	BCom
22	Arya. M	BCom
23	Thasni.Shibu	BCom

24	Aparna. A	BA
25	Gokul Suresh	BA
26	Jayalekshmi.G	BA
27	Anjana s babu	BA
28	Archana Ajay	BSc
29	Anupama P	BSc
30	Afsiya F S	BA
31	Gouri Krishna S	B.Sc
32	Jyothilekshmi.L	BA
33	Kavya SD	B.Sc
34	ADITHYA KRISHNAN	BSc
35	Athira A L	BSc
36	Vrinda S	BSc
37	VIDYA VIJAYAN	B.Sc
38	Soumya s	BA
39	Kavya Murali	B.Sc
40	Anjana.G	BCom
41	PARVATHI	BSc
42	Parvathy G S	BSc
43	Bismi Saji	B.Sc
44	Rehana. S	BSc
45	Sreelekshmi.P	BSc
46	Anjali.G	BCom
47	Ruksana Sidhik	BSc
48	Janushma J	BA
49	Devikrishna Johnsy	B.Sc
50	Gopika SR	BA
51	Sivapriya.s	BA
52	Lekshmi S	B.Sc
53	ARYA B.J	B.Sc
54	S Abhirami	BA
55	Haritha.H.B	BA
56	Gopika SL	BSc
57	ANCHU U S	BA
58	Parvathy Sha A G	B.Sc
59	Anushka s Ramesh	BSc
60	Subitha. S	others
61	Akhila. A	others
62	Sreeshma.J	others

63	Athulya Krishnan	BA
64	Vidhya. S	BA
65	Bharati B.	others
66	ABHIJITH S LAL	BSc
67	Greyshma Maria Godwin	BA
68	Greeshma G Kumar	BA
69	Aparna.u	BA
70	Fathima M	BA
71	Adithya.A. S	BA
72	Amrutha.B	BA
73	Ramseena	BA
74	Sruthi. S. Raj	others
75	Achsah Anna Joseph	BSc
76	Devi anil	BCom
77	Reshmi R S	others
78	Devi Lekshmi VS	others
79	Asitha R	others
80	Nitha A M	BA
81	Athira.C	BA
82	Ajmi.A	others
83	Anjana krishnan. A	BCom
84	Arun kumar T	BSc
85	Sreesruthi .S	others
86	Ajina C	BA
87	Lekshmi. L	BCom
88	VISMITHA V	others
89	Soorya k	others
90	Greeshma RM	BA
91	Athira venu	BSc
92	Soliha Khathoon	BSc
93	Arunima. S	BA
94	Sreelakshmi Boban	BSc
95	Niji A	BCom
96	Krishna Vaishnavi V S	BSc
97	Preethu S	BSc
98	Adithya V Chandran	others
99	Surya. R. B	others
100	Shabna s	others
101	Archa R	BCom

102	Sabitha G	BCom
103	Abhilekshmi Babu	BCom
104	Anagha Anil	BCom
105	Kaveri S Mohan	BSc
106	Anupama Anil	BSc
107	Nidhi S Vas	BSc
108	Noufiya. S	BA