

**ADMINISTRATIVE DISTINCTION**

* Coordinator, kerala university weightlifting competition (2022 -2023)
* Member of the panel of selectors for the kerala university ball badminton (M) team for the academic year 2022­­-2023
* Member Music Club

**PAPER PRESENTATIONS**

* “Presented a paper In national conference on the role of women s participation in sports for women empowerment. Analysis selected motor fitness profiles of different playing positions of football players at SRI PADMAVATI MAHILA VISVAVIDYYALAM , women s university TIRUPATI in 2017.
* Presented a paper on Internal Conference on technology innovation and entrepreneurship in sports . “Effect of resistance on strength endurance among hostel male student” held at BHARATHIAR UNIVERSITY , COMIBATORE in 2017

**PARTICIPATION IN SEMINARS/ CONFERENCES/ WORKSHOPS**

* UGC SPONSORED NATIONAL COLLOQUIUUM ON “REONSTRUCIONG HUMAN RIGHTS IN THE DIGITAL ERA CHALLENGES AHEAD (ANNAMALAI UNIVESITY

**PUBLICATIONS IN BOOKS OR JOURNALS**

* Effect of SAQ training and detraining induced adaptation on skill performance of badminton players .ISSN: 2456-4419
* Effect of SAQ training and detraining induced adaptation on agility performance of badminton players. ISSN:2456-0057
* IMPACT OF SUBMXIMAL AND MAXIMAL AROBIC TRAINNG ON SELCTED RESPIRATORY RATE VARIABLS AMONG UNDER 14 YEARS CRICKETE
* e.ISSN :2347-226

P.ISSN:2319-9857

**ADDRESS & EMAIL**

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QUALIFICATION

UG – BPE,PG – MPEd, Mphil ,PhD

DATE OF JOINING

30-06-2022

EXPERIENCE IN YEARS

3 Years

**Dr. PRAVEEN MATHEW**

Government Guest Lecturer of Physical Education

* Analysis

**OTHER ACHIEVEMENTS**

* NCC. B & C
* NSS

**RESEARCH OUTPUT**

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* ANLYSIS OF SELECTED  MOTOR  FITNESS AND PHYSIOLOGLCAL PROFLES OF DIFFERENT PLAGING POSITING FOOTBALL PLAYERS⁸
* INVESTIGATION OF SAQ TRAINING AND DETRAINING INDUCED ALTERATIONS ON SELECTED BIO - MOTOR , PHYCHO - MOTOR  AND SKILL PERFORMAANCE OF BADMINTON PLAYERS