

NATIONAL SERVICE SCHEME

UNIT NO.KL7 013 A

SREE NARAYANA COLLEGE FOR WOMEN, KOLLAM

Regular Activity:2020-2021

Sl. No	Date	Activity/Asset Creation	No of Units/ Camps/ saplings/ Water Bodies/ Immunized/	No. of NSS Volunteers involved	Monitor y Values	No of work ing Hours
1	29/05/2020 to 05/06/2020	'Parithranam'	Observance of Environment Day National Service Scheme of our unit, University of Kerala and National Youth Council of India jointly plant tree saplings in their home yard for a period of seven days	100	1000	2
2	21/06/2020 to 27/06/2020	Vayanavaram.	NSS Unit celebrated Reading day on June 19 th and volunteers presented the review of one book every day.	21	2100	3
3	21.06.2021	International Yoga Day	International Yoga Day 2021: This year the theme is 'Yoga For Wellness' and for the practicing yoga for physical and mental well-being.	100	2000	2
4	01.07.2020	Doctors Day	Observe Doctors Day as a tribute to their service to society during pandemic	10	1000	2
5	11.07.2020	Population Day	Prepared presentation on global population issues	30	1500	1
	14.08.2020	COVID -19	Visit to adopted Village (Kottankara	30	3000	3

		reporting	panchayath) to monitor the COVID-19 updates			
6	15.08.2019	Independence Day	Celebrated 74 th independence day- NSS Volunteer presented a speech on “the path of golden Independence”.	100	1000	3
7	15.08.2019	Inter college elocution competition	In association with Independence Day NSS unit conducted an inter college elocution competition.	50	5000	2
8	25.08.2020	Initiattion of Palliative activities	Meeting of Principal, Programme Officers, Panchayath president and Panchayath secretary for discussion related to palliative activities at Kottankara panchayath.	100	1000	2
9	16.09.2020	New Education Policy 2020.	Volunteers attending National webinar on new Education Policy 2020.	25	2500	2
10	24.9.2020	NSS Day Celebrations	Presentation on different topics were conducted and cultural programmes.	100	1000	3
11	26.09.2020	Webinar on “National Education Policy”	Webinar on “National Education Policy” in association with Nehru Yuva kendra Kollam.	50	5000	2
12	October	October campaign	Learning Life skills - Vegetable cultivation	30	3000	3
13	08/10/2020	Pledge Campaign Jan Andolan	Volunteers participated in Jan Andolan for Covid 19 -Appropriate behaviour Pledge to maintain a minimum distance of 6 feet from others To wash hands frequently and thoroughly with soap and water.	50	5000	2

14	10.10.2020	Programmes under Palliative care Unit “karuthal”	The aim of this programme was to equip the students in providing human care and first aid facility to bed ridden people in the area.	10	10000	3
15	11.10.2020	National Girl Child Day	An essay writing competition on the topic "What you feel as a girl" was conducted among students.	10	1000	1
16	12.10.2020	Webinar on World Rabies Day 2020.	In association with District Medical Office Kollam, World Rabies Day 2020, a webinar is organized. Inaugurated by Sri.Abdul Nazar B IAS	100	1000	2
17	17.10.2020	Training on Skill Development	Training on Fabric painting Skill Development Programme	60	6000	3
18	23.10.2020	Njaru nadeel programme	Paddy cultivation at Kottankara Panchayath (Our partner village)	40	4000	5
19	27.10.2020	Vigilance awareness Day	Awareness Pledge was taken by the volunteers to make India a corruption free country	100	1000	1
20	31.10.2020	Observing National Unity Day (Rashtriya Ekta Diwas)	Observing National Unity Day(Rashtriya Ekta Diwas) Pledge taking and Discussion by NSS Volunteer Aifa S and Ruksana S	100	1000	1
21	02.11.2020	One day One Rupee coin	Inauguration of One day One Rupee coin under palliative care Unit by Principal Dr.Nisha J Tharayil to promote the saving habits among volunteers and spent it for palliative care activities	50	5000	1

22	07.11.2020	National cancer awareness day	International Webinar is organized on “Understanding cancer: causes and consequences” by Dr. Sandeep B Pillai. Special Address by Sri. Sajith Babu NSS Regional Director.	100	1000	2
23	08.11.2020	Palliative care and awareness	Introductory Session about conducting palliative care activities at Kottankara	100	1000	3
24	14.11.2020	Childrens day Observation	NSS Volunteers conducted several activities for the kids of their nearby houses	60	6000	2
25	20.12.2020 – 26.12.2020	Special Camping Programme	The Special camp inauguration session was presided by Dr.Nisha J Tharayil, Principal, Sree Narayana College for Women Kollam and inauguration by Dr. Anitha Sankar C, (Former NSS state Officer and Principal SN College of Technology Vadakkevila, Kollam),	100	50,000	120
26	27.12.2020	Jwala @ Night Walk To Kollam	The programme aim to strengthened our volunteer’s mindset to travel fearlessly during night times.	100	1000	3
27	28.12.2020	Vegetable harvesting inauguration	Volunteers harvested vegetables, pea, tomato,brinjal from the vegetable garden of NSS The harvested vegetables were sold out in an organic vegetable market run by volunteers in the college and funds collected were used for palliative care purposes.	20	2000	2
28	07.01.2021	Observing World Braille Day	Volunteers get awareness about the games, smart phone usage, their way of doing maths, chess, how to use computer by blind	100	1000	2

			people.			
29	09.01.2021	Warli Painting Live Training programme on Fabric Painting.	Skill development Live Training programme on Fabric Painting was conducted	60	6000	3
30	12.01.2021	Tank Setting for Fish farming	Volunteers get awareness about how to maintain fish tank for fish cultivation	20	2000	2
31	13.01.2021	Vegetable gardening	Volunteers maintaining the vegetable garden and thereby learned about productive gardening, biodiversity and sustainability	20	2000	2
32	21.01.2021	Cleaning Medicinal garden.	By Cleaning and systematically arranging medicinal garden in college volunteers were aware of the different types of medicinal plants.	40	4000	3
33	23.01.2021	Celebrating 125th Birthday of Subhash Chandra Bose Presentation Competition	Presentation Competition on “Contribution of Netaji Subhash Chandra Bose in freedom fight” was conducted	100	1000	2
34	26.01.2021	Republic Day Celebrations	Republic Day Celebrations Republic Day speech by Sivapriya And Chart display by the volunteers helps to know about the Indian constitution.	100	1000	3
35	26.01.2021	Cyber crime awareness Programme	Seminar on “Cyber crimes and its prevention” impart knowledge to the students and staff about the various issues related to cybercrime and hacking and its preventing measures	100	1000	2

36	31.01.2021	Ikat Painting; Live Training programme on Fabric Painting.	Ikat Painting training Was given to volunteers to practise one of the oldest forms of textile decoration.	60	6000	3
37	02.02.2021	World Wet Lands Day Celebrations : Debate Competition	Debate Competition was helpful to give awareness about the importance of preserving wetlands	100	1000	1
38	04.02.2021	World Cancer Day Observance	World Cancer Day Observance; Audio Awareness by Aswitha and Documentary presentation by Sreelekshmi spreads awareness among students.	100	1000	1
39	10.02.2021	Voice Bank; Meeting with Blind Federation	Voice Bank; Meeting with Blind Federation on 'Voice Bank'	100	1000	2
40	13.02.2021	National Women's Day	Presentation by Swathy S on "A women Personality".This helps the volunteers to commemorate one of the most prominent figures in India's struggle for freedom from British rule, Sarojini Naidu	100	1000	1
41	19.02.2021	Fish Seedling	100 Fish Seedling were deposited on the fish tank. Inaugurated by Adv.K. Savad Councillor Kollam Corporation	100	1000	2
42	21.02.2021	Observe Mother	Mother tongue day; Participate in online	100	1000	1

		tongue day	Oath taking.Which was helpful to to promote linguistic and cultural diversity among the volunteers.			
43	24.02.2021	“Koithulsavom”	“Koithulsavom” inaugurated by Kottankara Panchayath President Sri R Devadas. which was a golden opportunity for the NSS volunteers to understand the importance of agriculture, the backbone of human existence.	60	6000	5
44	02.03.2021	NSS Room Painting	By this volunteers develop skills, cooperation, and respect others skills.	20	2000	5
45	03.03.2021	NSS Emblem drawing	By NSS Emblem drawing we provide a platform to elicit the skills among volunteers.	40	4000	5
46	04.02.2021	Ente Vote Ente Avakasham;	Ente Vote Ente Avakasham; Inauguration by Kollam Collector, Sri B Abdul Nasar IAS, motivating volunteers to use the right to vote and also encourage their peer team.	100	1000	2
47	8.03.2021	International Women’s Day Celebrations	Inaugurated by Hon. Minister Smt.Mercykutty Amma, Honoring five eminent women in different fields. Volunteers get a motivation and thus set a goal for their future.	100	1000	3
48	08.03.2021	Meet the star	Meet the star Ms Bhagya motivated NSS volunteers on Women’s day by sharing her experience at RD camp Delhi.	100	1000	1

49	11.03.2021	“Jal Shakti Abhiyan: Catch The Rain” Webinar on Catch the rain, where it falls	<p>Webinar on Catch the rain, where it falls campaign.</p> <p>The main aim of the webinar is to take water conservation at the grass-root level through volunteers to aware public to create rainwater harvesting structures to ensure proper storage of rainwater.</p>	100	1000	2
50	12.03.2021	Amrut amahothsav Independence @75	<p>Our volunteers Attended Rally, Documentary presentation, Exhibition etc. to celebrate and commemorate 75 years of progressive India and the glorious history of its people, culture and achievements.</p>	10	1000	2
51	16.03.2021	Blood Donation Camp.	<p>Blood Donation Camp. Volunteers and students of our college donated blood to District Govt. Hospital Kollam. Students and college faculty from different department attended the camp.</p>	200	6000	5
52	19.03.2021	SVEEP Kollam Competition	<p>SVEEP, Kollam Competitions conducted among college students during Covid period to motivate them and ensure their participation in the electoral process.</p>	10	1000	2
53	21.03.2021	World Forest Day: Voice Awareness Drawings	<p>An Awareness Drawings were conducted and display in college seminar hall and make publicity to conserve the trees.</p>	50	5000	2
54	22.03.2021	Observe World Water Day	<p>PPT presentation on “Valuing Water” was conducted among the volunteers and has been helpful to highlight the value of water to them.</p>	100	1000	2

55	22.03.2021	'VIMUKTHI' Competition	'VIMUKTHI' Anti Drug Awareness Competition; Oral Presentation to to inculcate and boost the corporate communication, develop the public speaking skills in volunteers	100	1000	3
56	23.03.2021	Anti Drug Awareness seminar on 'VIMUKTHI'	Seminar on Anti Drug Awareness programme 'VIMUKTHI'. The class handled by Mr. Suraj Sub Inspector Special Branch Kollam.The class helps to promote a drug free and healthy lifestyle among students.	100	1000	2
57	31.03.2021	'Poshan Pakhwada 2021'	Awareness Class on Poshan Vatikas or Nutri-gardens and thus encourage volunteers to set fruits garden in their home yards and thus provide easy and affordable access to fruits, vegetables, medicinal plants and herbs.	100	1000	2